

OUR CONTACT INFORMATION

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CURRENT DONORS



NEWS FROM YOUR BOARD

These past few months have been exciting times at Flexible Care Services, as we adjust to our new premises (formerly the RFS building in the Trinity Centre, Harden). It has also been very challenging as we adapt to continually changing COVID conditions.



Our volunteer drivers are not travelling to the Greater Sydney area at present due to the lock down, but are busy with trips to all other regional areas where our clients have appointments or business. However, our bus to Orange for skin cancer checks is fine (despite the recent regional lock down in this area) - see below for the schedule of trips for the rest of the year.



Since the last newsletter in May, we were successful in obtaining a federal grant to assist with moving into our new premises and preparing it for our needs. The grant was for \$13,500 following our *Stronger Communities Programme Round 6* application earlier this year. This grant has allowed us to paint the inside of the premises, purchase a suitable front door, install curtains, purchase a fridge and other kitchenware, rationalise security, set up phones, internet, computer networking and much more.

I am pleased to mention that we have teamed with *CanAssist* who will occupy some of the building space on the western end of the premises for meetings, office space and storage. It is wonderful to create a social hub here in the Trinity Centre with some shared facilities. The new training room has been put to good use lately with several courses made available to volunteers - Transporting Passengers with Disabilities and CPR/First-Aid.

This newsletter has been extended this time to share the amazing work that has been done in the local community with clients, staff and volunteers.

With all decisions made by our talented and hard-working Board members, we always keep up front why we are here: **to assist vulnerable and frail-aged local folk to live comfortably and independently in their own homes where appropriate to do so, helping them to access services readily available to other more able members of the community.**

Stewart Bruce (chairperson)



SKIN CANCER CHECKS AVAILABLE

For the remainder of 2021, the 12-seater Renault bus will be making monthly trips to the Skin Cancer Clinic at Orange. Trips begin around 8am and the bus returns to Harden later in the afternoon. Dates are: **10 September, 8 October, 12 November and 10 December**. There are now no lock down issues with the Orange area, although masks, of course, will need to be worn.

Please ring Trish Shea in our office to book your appointment and transport



IGA employee Libby Hull drawing the June wood raffle winner, with Board Chair Stewart Bruce

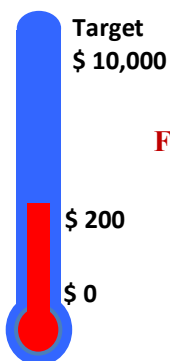
RAFFLE RESULTS

The June wood raffle was won by **Tony Deverson**, and raised \$650. July saw our last wood raffle for the year and it was won by **Joan Killick**, Galong. A further \$449 was raised.

Thank you to all who supported by buying tickets and to our ticket sellers. Special thanks to board members Robert Fitzpatrick and Grahame Taylor who organised and donated the wood.



July wood raffle winner Joan Killick



MAJOR RAFFLE NOW UNDER WAY

First Prize \$2,000 cash

Second Prize \$1,000 cash

Third Prize \$500 cash

Drawn at the Harden Country Club in December

Tickets \$2 each or 3 for \$5.

Tickets available from Front Office.

Next street raffle: Thurs 12th Aug (outside Cooper's Butchery) & Sat 14th Aug (outside IGA).

SOCIAL TRIPS

have been temporarily discontinued due to the COVID situation. However, if you are even vaguely interested in taking part in these when they resume, **please let Trish know**. Then, she can alert you when a trip is organised so that you do not miss out!

OPERATIONAL STATISTICS FOR THE FULL FINANCIAL YEAR

1 July 2020 - 30 June 2021

- ✓ Transport with voluntary drivers: 1,792 trips
101,292 km
2,883 hrs
- ✓ Meals provided: 4,080
- ✓ Yard & Garden: 227 hrs
- ✓ Personal Care: 233 hrs
- ✓ Respite Care: 159 hrs
- ✓ Social Support: 436 hrs

Know your staff:
Jenny James
Care Manager



MEMBERSHIP

Did you know you can become a paid-up member of Flexible Care Services? This costs you just \$2 annually, and entitles you to vote at any general meetings, including our AGM. See the Office for an application form - one minute to complete! Anyone is welcome to become a member, or **renew last year's membership**.

NOTES FROM THE CEO We are nearing the end of refurbishments to our new premises, and are very pleased with the results. During difficult times, we continue to provide Personal Care, Respite Care and Yard & Garden Maintenance to our elderly and vulnerable community members.

Due to the continuing COVID-19 restrictions, our transport services are limited to essential medical and shopping trips.

Until next time, kind regards and keep safe,
Debbie



FAREWELL TO PRU.....



Long-time employee **Pru Pavitt** said farewell to Flexible Care Services at the end of July. Pru was one of the care workers who visits clients in their homes and looks after their personal care needs.

Pru was a fully trained care worker who had 11 years with Flexible Care, providing experienced and professional care. CEO Debbie Glover reminisced “Pru was a wonderful dedicated and caring worker to her clients, and we are very sad to lose her”. Staff will be taking Pru to dinner to celebrate her work and wish her farewell.

TRAINING COURSES Here is the enthusiastic group who completed the *Transporting Passengers with Disabilities* course.



Another group completed CPR training and/or refresher First Aid course, with presenter Doug Robertson from Allen’s First-Aid. Here’s Doug organising the mannequins (left) and the afternoon refresher first-aid group (below).



The Job's Done! Painter **Brian Wales** did a great job painting the inside of our new premises at the Trinity Centre, Harden. Brian was very considerate and worked around staff. We especially



appreciate his consideration of working over a weekend to get the job done when all was quiet in the building. Everything looks so fresh, bright and clean!

**AND
HERE'S
OUR NEW
FRONT
DOOR
COMPLETE
WITH
SIGNAGE...**



**MURRUMBURRAH
HARDEN
FLEXIBLE CARE
SERVICE INC.**

- RESPITE
- MEALS ON WHEELS
- COMMUNITY TRANSPORT
- TRAINED HELPFUL VOLUNTEERS
- SOCIAL SUPPORT
- PERSONAL CARE

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Australian Government

A New Staff Member It is with great pleasure that we welcome **Kirsty Stevenson** as care worker to our staff. Kirsty fills the vacancy created when Pru Pavitt retired from Flexible Care Services. This position was filled following advertisement and job selection process. Kirsty attended the CPR/first-aid training day (on far left in photo, page 3) and continues with her TAFE training in Community Services on Tuesdays. Her bright personality and enthusiasm have ensured her quick acceptance into the Flexible Care community.

A New Vehicle We recently took possession of a brand-new silver Camry for our community transport arm. It has plenty of passenger and boot room.

**Thank you to all
who now return
something to
our community
with their
volunteering.**

